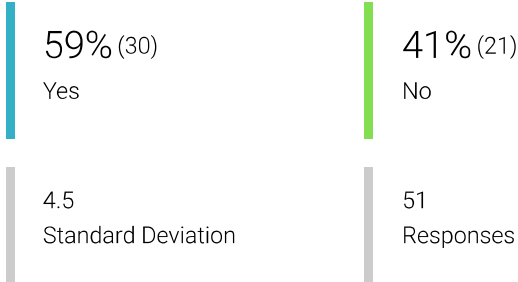


# Neuro Central Zoom Survey

As you know, Neuro Central has had to stop all events that involve close contact. This means we are unable to hold our regular sessions in Stirling and Auchterarder. As a substitute, we are hosting a number of events online using Zoom. This is a web-based video conferencing system that allows a group of people to see, hear and talk to each other. It is not as good as face-to-face communication but it is the best that is available for now.

We would like to know how you feel about using Zoom so that we can fully understand what you would like from us while we operate under the current restrictions.

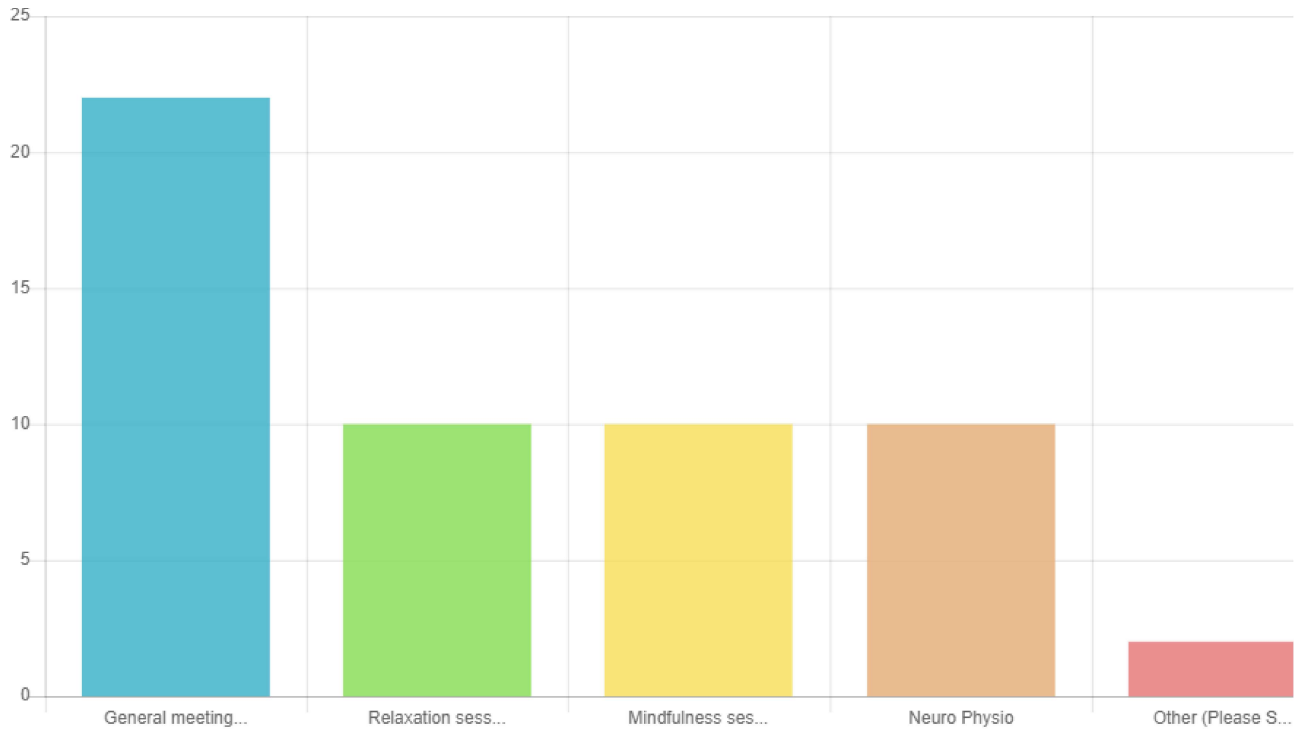
Do you take part in any Neuro Central events on Zoom?



# Heading

## Neuro Central Zoom Survey

Which Zoom events do you take part in?



73% (22)

General meeting / group chat

33% (10)

Relaxation session

33% (10)

Mindfulness session

33% (10)

Neuro Physio

7% (2)

Other (Please Specify)

54

Responses

Committee

Committee Meetings

# Heading

## Neuro Central Zoom Survey

If you have any suggestions for improvements to any of these Zoom events, please tell us here

.

Guest speakers or pre-recorded talks

They work well for me

No, they are all really excellent

would be good if more people attend

Using Zoom is irking and I would suggest that a set time should be put on each meeting (1 hour-1 1/2 hours is easily long enough)

Make sure they are advertised on email and Facebook as some people use one or the other

After the general chat for a bit perhaps we could pick a subject to talk or ask questions about. e.g. which vaccine to go for when it comes.

Daytime sessions suit me better

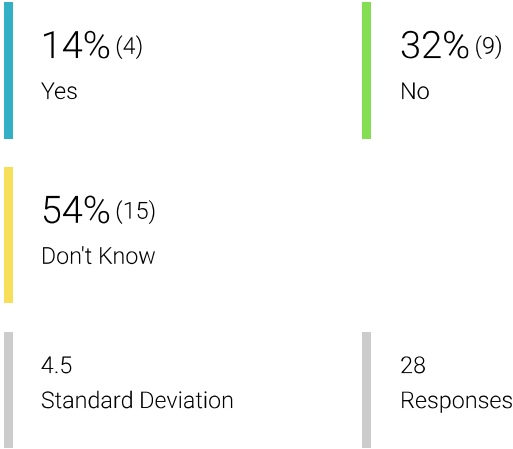
None that I can think of

I find Zoom difficult for general chat. If there were to be a lot of people attending, we can use Breakout Rooms.

# Heading

Neuro Central Zoom Survey

Are there any other events you would like us to hold on Zoom?



# Heading

## **Neuro Central Zoom Survey**

What other events would you like us to hold on Zoom?

Quiz

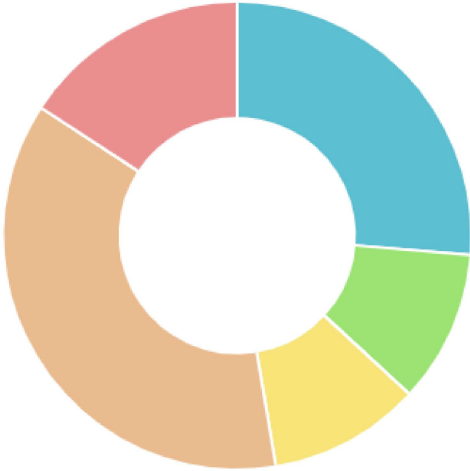
Christmas session for people who are alone or unable to see family

Some sort of crafting. How to make an easy thing and be told what materials we need the week before.

# Heading

Neuro Central Zoom Survey

Please tell us why you haven't joined a Zoom event



- 26% (5) I tried it and didn't enjoy it
- 11% (2) I don't know how to use Zoom
- 11% (2) I don't have Zoom installed
- 37% (7) I don't want to use Zoom
- 16% (3) Zoom doesn't work on my equipment
- 1.94 Standard Deviation
- 19 Responses

# Heading

## Neuro Central Zoom Survey

What Neuro Central events were not enjoyable? Please tell us why.

Not Neuro Central event Someone else's zoom. Too complicated and can't fit times into daily schedule.

It's not Neurocentral events it's zoom in general

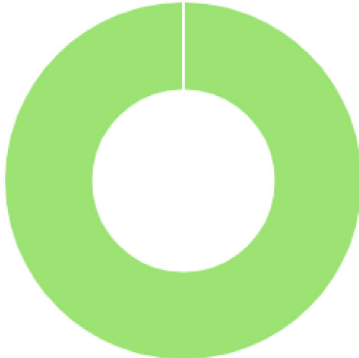
I had to choose an answer to get to next question but the real reason is I have another regular meeting at same time.

First time using zoom everyone else knew everyone and I didn't

# Heading

Neuro Central Zoom Survey

Would you like someone to help you with Zoom?



0% (0)  
Yes please  
2  
Standard Deviation

100% (4)  
No thanks  
4  
Responses



# Heading

## **Neuro Central Zoom Survey**

If you want to leave your contact details, we will get in touch to help you with Zoom.

And finally, if there is anything else you want to tell us, please leave your comments here.

I miss meeting other people, video does not give me what I need.

Fixed times for events not possible with caring requirements

Prefer catchup on recorded events.

Just the fact that it is possible to meet up with other people is a blessing. Thank you.

Happy as it is, thanks

I know how to use Zoom but I just don't have time at the moment. There wasn't that option to tick so I had to choose a random one! I'm a secondary school teacher and work is even more difficult than normal. By the time I've finished working and dealt with my three kids at home, I'm done in! I hope to be able to join some meetings in the future.

I have enjoyed being able to keep in touch with other members through Zoom. It's a pity more people don't join in.

The Zoom session have kept me going over this trying time

am not a morning person so that is the only reason have not done zoom

I am pretty busy with online bridge and am therefor limited to what I can attend

I miss the group x

I don't like camera chatting or phone calls much. It exasperates my anxiety and I start to jumble my words and stutter, which makes me feel embarrassed and anxious. It's worse just now as I'm never outside so feel even more conscious.

Times of zooms wouldnt be possible with care requirements. Recorded sessions would work.

I'm so impressed by what the committee has been doing already and hosting the Zoom meetings and sponsoring the other classes. Getting the links and helpful information regularly. Well done everyone! Thanks.

I really appreciate all you have fine, the chance to ask you questions an get reassurance is invaluable thank you all

I would use zoom but don't have the confidence to use it

Can't send the meetings now as back working, but they were a good connection for me during beginning of pandemic.

Definitely a great option for keeping in touch. Easy to use if you have a computer, laptop or tablet. Not sure how easy it would be if I only had a phone to use. I was certainly wary about using zoom the first time but we could perhaps persuade others by talking them through the procedure the first time they try and join. Phone call perhaps?

Zoom by its nature, is limited but I feel NC does well in what it offers to its members.

I hope when we resume face to face meetings we don't require vaccinations