

Neuro Central member's questionnaire



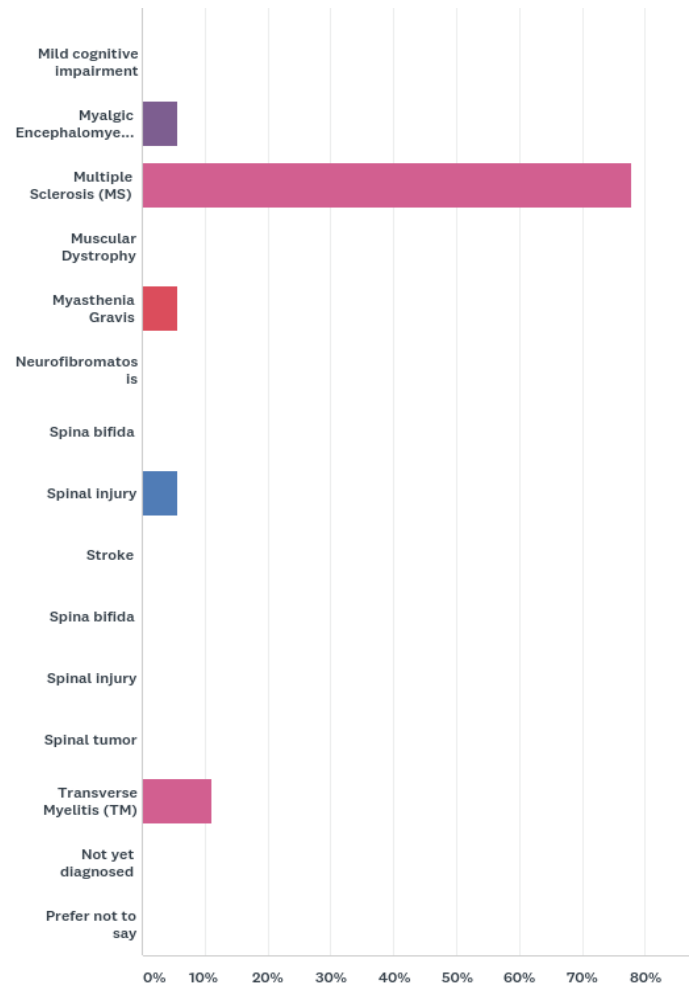
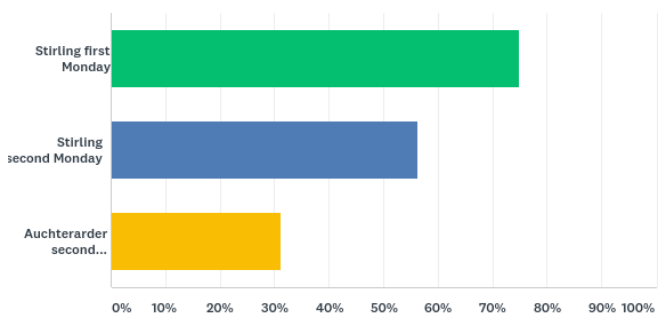
Our member's questionnaire on Survey Monkey is an on-going piece of research and is important to Neuro Central as listening and responding to our members makes Neuro Central an important support to people affected by neurological conditions.

22 Respondents so far, all with a neurological condition completed the questionnaire; here are some of the things they told us:

Condition(s) related to most?

Although most of the respondents had a diagnosis of Multiple Sclerosis, Neuro Central, is available to anyone who is affected by a neurological condition.

Q4 Which Neuro Central sessions do you attend?



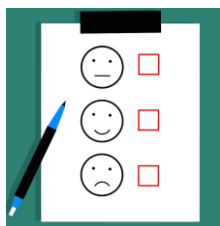
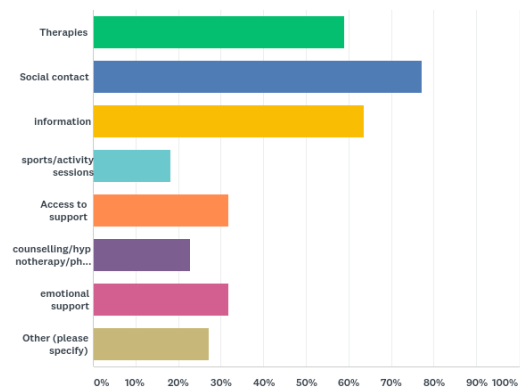
Benefits of involvement in NC

Our members have told us about how they have benefitted by attending Neuro Central, with social contact, therapies and information being of most benefit to our members. Neuro Central has hospitality at its centre and value the space given to the cuppa, chat and cake.

Neuro Central making a difference in a number of ways including:

- Keep updated online, helpful to read posts from others with MS.
- Good to meet others and to learn from their experiences.
- Social Support.
- Friendship, meeting people, therapies
- Somewhere to come to mix with all these lovely people.
- Good to meet others with neurological conditions.
- Just getting together with other people, having a friendly chat, social interaction and providing information (for example about social benefits, where to go, who to speak with etc.). Maybe a guest speaker re this would help.
- It is such a positive organisation and that mind-set I feel transmits to the participants.
- In so many ways.
- Good to feel part of something and the meetings are very varied and I enjoy meeting new people and getting the chance to try new experiences
- Very socially isolated prior to joining, whilst ME didn't always allow me to attend, when I did, I really enjoyed getting out, meeting people and having a laugh.
- Enjoyed the company
- Way of contact with others
- Peace of mind and reassurance knowing you are not alone in dealing with the everyday things that come with a neurological condition.
- Friendship
- Being involved with Neuro Central has given me friendship, peer support, a greater understanding of neurological conditions and help that is available.

Q5 What have you benefited from at Neuro central? (please tick all that apply)



We look forward to hearing from our other members
If you are a member of Neuro Central and haven't yet completed out questionnaire, please do so either online or at one of the sessions, contact: secretary@neurocentral.org.uk

Additional members comment:

For new members it can be daunting coming along to a new group like this, not knowing anyone etc. Some people find it easier to speak to others and some are quiet and more reserved and stay in their own little groups and comfort zone.

The committee members do introduce themselves and everyone is very friendly. Just something I'm always cautious of, if people look a bit left out I'll try and include them in conversation.